



# BOOST YOUR BRAIN HEALTH!

A VIRTUAL PROGRAM  
FOR EVERYONE- LEARN  
HOW TO KEEP YOUR  
BRAIN ACTIVE AND  
HEALTHY!

**REGISTER NOW**

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**February 18, 2025**

**1:00-2:30 PM**

**MORE INFORMATION**

**CONTACT JANET**



608-297-3148



email: [jwiegel@co.marquette.wi.us](mailto:jwiegel@co.marquette.wi.us)

